



Wisconsin Recovery Implementation Task Force • 1 West Wilson Street, Room 951 • PO Box 7851 • Madison, WI 53707-7852

Recovery Implementation Task Force Training and Education Committee

Friday, May 15, 2020

9:00 am – 12:00

Committee Meeting Minutes:

- A. Members Attending:** Mary Hamilton, Theresa Kuehl, Tim Saubers, Scott Webb, Joann Stephens, Lynn McLaughlin, Kevin McGettigan, Mike Kelly, Maria Hanson, Autumn Shaffer
- B. Committee Announcements:**
- a. Tim is getting ready for the first online CPS certification training, 50 applications came in!
 - b. Newly launched, “Resilient Wisconsin” resource: <https://www.dhs.wisconsin.gov/resilient/index.htm>. There is a specific component for peer services. View the “[Guide to Sources of Support During COVID-19](#)”.
 - c. The 2020 Mental Health and Substance Use Recovery Training Conference is moving online, for three days (vs two days), Wednesday – Friday October 28-30. The online platform will be Zoom. More information to come on registration.
 - d. The Peer Recovery Conference (August 13 & 14, 2020) will be a virtual conference. It will offer reduced registration rates and an increase in scholarships. More information to come.
 - e. Maria Hanson did an AODA presentation in Pandemic Times for NAMI Fond du Lac and NAMI Oshkosh. You can find this on their specific Facebook pages, as well as the NAMI Wisconsin Facebook page.
 - f. Dane County is opening a behavioral health care center and the county has agreed to hire its first Certified Peer Specialist
- C. Review Minutes from last Committee Meeting:**
- a. Minutes from January 17, 2020 were approved.
- D. Finalize the CPS Emerging Best Practice Guide:**
- a. Tim Saubers made a lot of changes, most importantly adding consistent language and tone, and committee members had the opportunity to review it before today’s meeting. The goal for the conversation today was to finalize the document so the next step could occur, which is sharing it with the RITF for final approval.
 - b. Discussion on new title for the document. Decision: “*Wisconsin Certified Peer*

Specialist Best Practices Guide: Bringing the Core Competencies to Life". Will add RTIF tree logo.

- c. The committee did not have the ability to edit the core competencies (remove, modify, or add) during this process. Tim is working with DHS (Kenya Bright, Cory Flynn) to do this. There is a formal process that will occur this Summer.
- d. Mary Hamilton motioned that the committee "approve this document, bring this to the RITF on 5/15/2020, to bring to DHS for approval." Maria Hanson seconded the motion. It was unanimously approved.
- e. The goal will be to have this document live on the Access to Independence website, <https://www.accesstoind.org/> and be incorporated into CPS trainings, as a homework and discussion.

E. Other items, related:

- a. The CPS curriculum has been thoughtfully revamped over the past year. Many people were involved in this effort, including RITF members Joann Stephens and Tim Saubers. (At least) 10 hours of advocacy training and education is overtly included in the new curriculum, to align with Act 122 requirements. The curriculum has been submitted for approval. Joann is confident it will be recognized as a national model. It will be shared publically once its approved.

F. Additional items, Future items:

- a. In effort to be effective in our work, discussion around capacity to contribute between every-other-month committee meetings. Those in attendance agreed to importance of work between meetings, though not everyone, during all months, will be able to. (Self-care, personal/professional limitations, etc). The group will assume best intentions, offer flexibility as needed. Members will communicate to the committee if they are unable to engage with or follow-through on commitments. It is important to respond to email communications, even to acknowledge an email was received, reviewed.
- b. Discussion around what's next for this committee's work, keeping in mind the work of this committee is statewide.
 - i. Consider Gap Study implications
 - 1. Need for (Statewide) Telehealth peer specialist work. NAMI is pushing for Medicaid to fund telehealth peer specialist service provision.
 - 2. Joann has interest in creating a "Speakers Bureau" for the DHS, and this committee could have a role in that
 - II. Mary Hamilton and others shared interest in this. Joann shared more about how this looked in the past. It starts with prepping people with lived experience to do advocacy work (for self, inside agencies, and more broadly), and provide training and education across the state.
 - 3. Having better data collection around the impact of training. Being able to answer, long-term, what the impact of training and education efforts is.
 - II. Learning Implementation Science
 - i. Joann, Scott W. and Theresa could provide training, facilitate discussion. Scott Caldwell (from DHS) is lead on this at DHS and could also work with us.
 - 4. How can supervisors of CPS, peer providers, Recovery Coaches get training, support?
 - II. Development of this is in the works (Tim, Access to

Independence (ATI)). Supervisors are being surveyed about their needs. Goal to have a training for those who supervise peers in 2021.

III. Bottom up, peers informationally educating supervisors on role, profession.

- i. No matter which next steps we take, working to engage more diverse voices, persons, within our committee. Keeping in mind accessibility and inclusivity.
- ii. Maintain attention to both, mental health and substance use.
- iii. Trauma-Informed Care/Service provision/Support (see vi, below.)
 - a. Peer services and supports aren't focused on "fixing" people
- iv. General education around "what is peer support" on the ATI website, and outreach to the northern counties and tribes (Minnesota has a version of this)
- v. Boosting peer advocacy (readiness, training, venues) (See 2, above)
- vi. More training on alternative recovery options that are not connected to the medical model, for example what tribal communities offer. Making these pathways, options, more visible. Recovery supports that are not connected to insurance. Many pathways for substance use recovery.
- c. In summary, the committee focused energy on:
 - i. TIC (Trauma-Informed Care)
 - ii. Supervision of peer workers in general
 - iii. Speakers Bureau
 - iv. Advocacy/people with lived experience participating in systems change

G. This committee is still looking for a co-chair

H. Next Meeting Agenda Items:

- a. Outlining a process for deciding direction(s) for this committee
- b. TBD, may be informed by the gap study presentation (RITF, 5/15/2020)
- c. Other items decided at the executive committee meeting (June 19, 11am – 12:30pm)

NOTE: Joann will be attending the PRQE meeting in July, and will not be at this committee meeting.

Contact Staff Person for Committee: Theresa Kuehl – Theresa.Kuehl@wisconsin.gov or 608-261-6743

Contact Person for RITF Support: Joann Stephens – Joann.Stephens@wisconsin.gov or 608-266-5380 (office), 608-405-2569

Note: Please refrain from wearing perfumes or scented products to accommodate those with chemical sensitivity or environmental illness, and refrain from flash photography without permission of all present to accommodate those with seizure disorders.

Accessibility: This meeting is accessible to people with mobility impairments. People needing accommodations to attend or participate in this meeting please notify the contact person five days prior to the meeting.

Recovery Implementation Task Force Mission Statement

To transform Wisconsin mental health and substance use services to embody recovery, hope, dignity and empowerment throughout the lifespan, in partnership with the DHS-DCTS-BPTR.